

Better Together
"Make Tiny Changes To Earth"

Overcoming Distraction, Disruption & Marginalization: Trauma-Informed & Resilience-Focused Strategies for Building Transformational Classrooms

Tom Maglisceau, PhD
 Superintendent, Celina ISD
 @TMag29

1

Better Together

Life is about our stories. . .
In every great story, there is an intention and an obstacle

Distraction, Disruption, Motivation, & Grit



2


Better Together

Essential Knowledge

Becoming Trauma-Informed and Resilience-Focused

Disruption, Distraction, Marginalization, & Grit

. . . It's About A Mindset . . .




3

Better Together

Our Work—Essential Question

How do we wrap our arms around our kids and provide the safety net that can help all kids to be successful?

... It's About A Mindset ...




4

Better Together

What's one fact about kids today?

What's one myth about kids today?

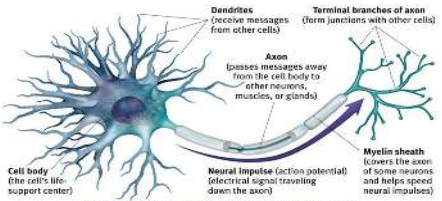
Building Relational Capacity



5

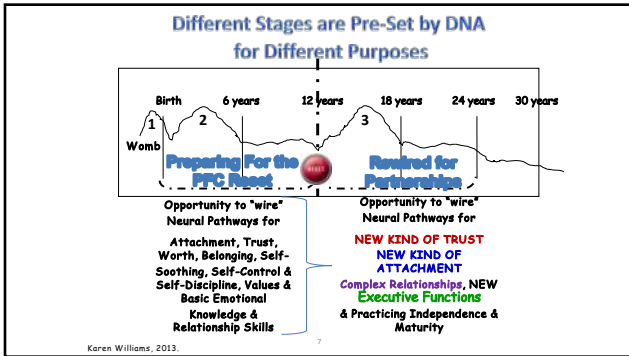
Neuron

A nerve cell, or a neuron, consists of many different parts.



David Myers, Henderson 8/02, 2010 <http://31.163.242.100/comps/016712669135/>

6



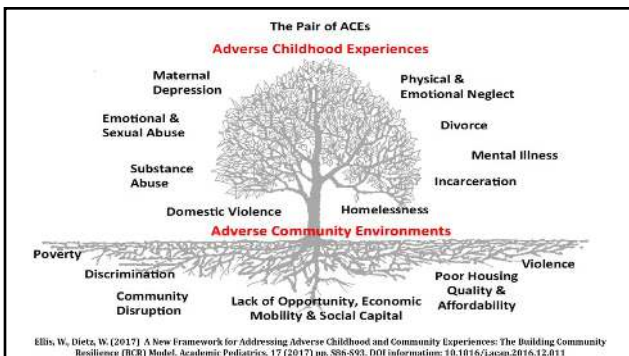
7

Better Together

- Frontal cortex is online as it develops
- Neurons in growing brains have more plasticity
- Rule training enhances connections
- Neuron training can be altered by drugs

... It's About A Mindset ...

8




9

Better Together

- Transactional vs. Transformational
- Interdependent Self-Managers
- **But we don't live in a world that asks us to be transformational**
- **We don't work in such a world either**
- **And our students' brains are not helping the situation!**


Our Starting Point



10

Better Together

Grit = the combination of passion and perseverance




11

Better Together

In its most basic form, social capital consists of trust, reciprocity, relationships, and an output. but when personalized, it also relies heavily on a sense of self worth.

Social Capital



12

Better Together

Measuring Social Capital

- Subjective Trust
- Relational Cohesiveness
- Perceptions of Self-Worth
- Self Predictions for Future Engagement

Social Capital




13

Better Together

<p>Glasser</p> <ul style="list-style-type: none"> • Power • Fun • Freedom • Love/Belonging • Survival 	<p>Maslow</p> <ul style="list-style-type: none"> • Self-Actualization • Esteem • Love/Belonging • Safety • Physiological 	<p>SCARF Model</p> <ul style="list-style-type: none"> • Status • Certainty • Autonomy • Relatedness • Fairness
---	--	--




14



World View Theory of Mind

- People are distinct, have different experiences, desires and interests
- We fear what we do not understand
 - Fear suppresses the rational parts of our brains
 - Control

... It's About A Mindset ...




15

Better Together

The way you view kids. . . The way you approach what you do.

What are your core values and beliefs about what you do for kids?
 What are the core values and beliefs in your professional setting?

. . . It's About A Mindset . . .




16

Better Together

**Behavior
 Consequences
 Punishment
 Trauma
 Resilience**

. . . It's About A Mindset . . .




17

Better Together

Humans, like all animals, are wired to survive.
 Your body was made to handle stress.
 Just not prolonged stress.

**Fight, Flight,
 Flock, Freeze**

. . . It's About Your Biology . . .



18

Better Together

Parts of the Human Brain

Front of the Brain

- Language
- Reasoning
- Thinking
- Understanding/Processing

Back of the Brain

- Senses
- Memory
- Affect
- Emotional Regulation

Amygdala: memory, decision-making, emotional responses (fear, anxiety, aggression) in limbic system

... It's About Your Biology. . .

19

- Abstract thought
- Concrete thought
- Affiliation/reward
- "Attachment"
- Sexual Behavior
- Emotional Reactivity
- Motor Regulation
- "Arousal"
- Appetite/Satiety
- Sleep
- Blood Pressure
- Heart Rate
- Temperature

... It's About Your Biology. . .

20

Categorized, compared to previous patterns, experiences

- Familiar and safe, okay
- Tale of Two Belts

Five Senses

Experience Matters


21

Better Together

We may not be able to take away toxic stress and trauma a child has experienced or will continue to experience in their homes and communities, but we can create new experiences of resilience in our schools.

Resilience = Hope

Children of Trauma




22

Better Together

**In Your School,
Does All Mean All?**

... It's About A Mindset ...



23


Better Together

Inclusion is not the same as belonging; what belonging needs is:

- Opportunities to genuinely know students and parents
 - Narrative to build commonality
- Communication that is clear for everyone
- That students can see inequality and do/say something about it when they see it

When students see injustice, they act

Inclusion




24

Better Together 


Who decides what is our truth?

... It's About A Mindset ... 


25

Better Together 

Marginalization: fed by our need to have someone beneath us—behind us


Value Gap 

26

Better Together 

- Confirmation bias: seeing what we expect to see
- Desirability bias: seeing what we want to see
- The “I’m not biased” bias: I’m more objective than others

The research suggests that the brighter you are, the harder it can be to see your own limitations. . . In other words, being good at thinking can make you worse at rethinking.

Thinking Again Bias Blocks 

27



28



29
