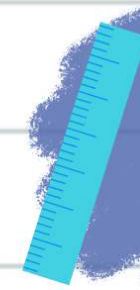


*the*  
**TEACHER**  
*therapist*

A Guide to Becoming  
the Teacher You  
Were Never Trained  
to Be



*Whats The  
Problem?*



*Initial  
Steps*



*Game Changer*



*Tips For Teachers*



*Good Reads*



*How have schools  
changed in the  
last 20, 10, 5 or  
2 years?*

# *Frontline of Mental Health*

but...you were never  
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What do Therapists have or do that is Harder for Teachers?

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-  Depth



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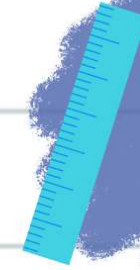


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*Baby Step 1  
It's Hard...Your  
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**1** *Trauma Informed to Trauma Empowered*

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**3** *Cultivate Hope: A Link in A Chain*

**4** Always Be Looking For and Help Them Discover  
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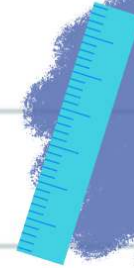


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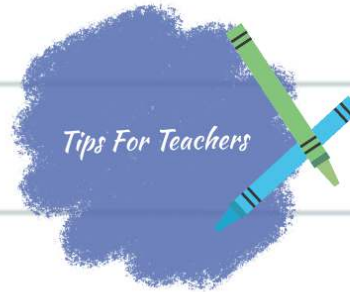
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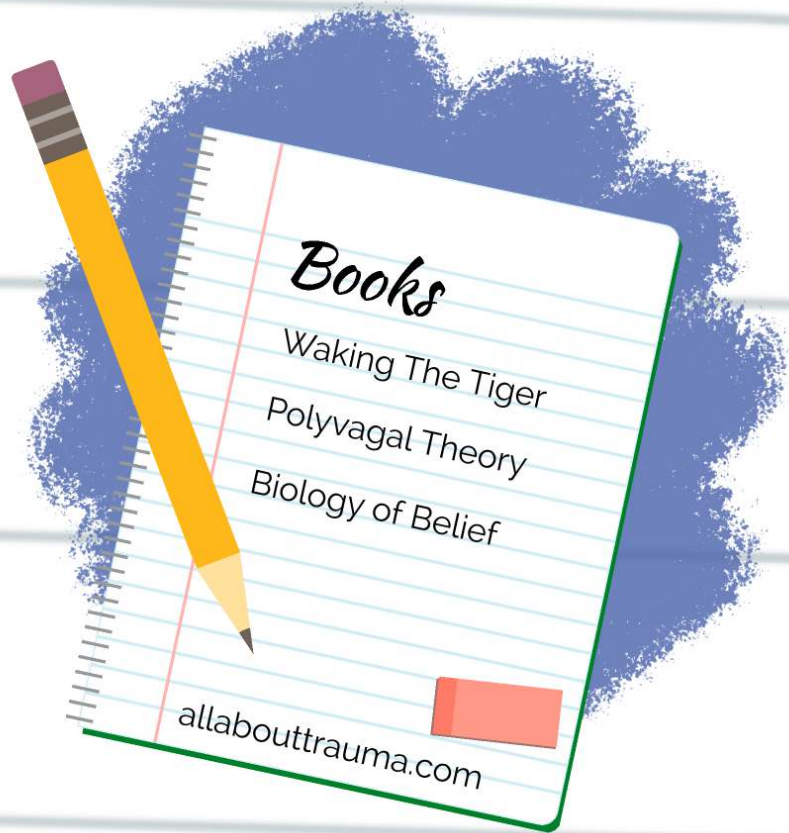
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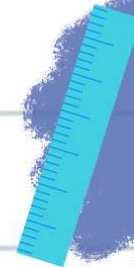


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*Remember: Be Kind  
Yourself...you are  
learning*



*HOMEWORK*



# Tips For Teachers



Learn Most Important  
Concepts About Trauma



7 Concepts



Take extended breaks from fear based news and social media. It is not helping and adding to your developmental trauma load!



Give Students hypodermic or small doses of positivity and/or accentuate their gifts in simple quick ways over a period of time if it looks as if they are "resisting" the truth about themselves or what they are capable of.



Try your best not to personalize but rather persevere in your belief for them if a student sabotages their academic or behavioral efforts and success.



Seek Out and Cultivate Your Own Gifts to Be More Able to See Those of Your Students

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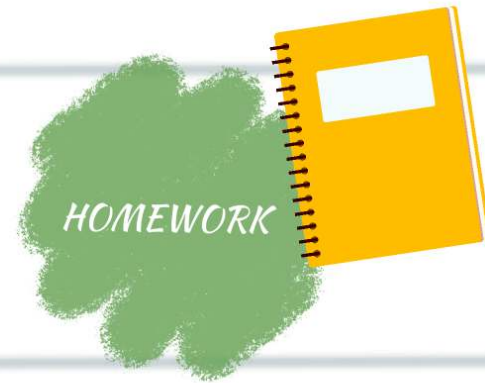


Seek Out and Cultivate Your Own Gifts to Be More Able to See Those of Your Students

# *7 Most Important Concepts About Trauma*

- 1 Trauma is Relative
- 2 Trauma is not "what you think"
- 3 We are Built to Heal
- 4 Healing Starts in The Relationship
- 5 Unsafe Environments Make it Harder
- 6 Everyone has Experienced Trauma
- 7 Developmental & Secondary Trauma the New Norm

*Remember: Be Kind  
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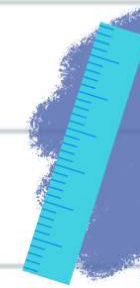


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*What Needs To  
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System?*



*NAME*



*Tech: How Many of You see this Same Pattern in your parents?*

*Entitled Parents and The Perfection Movement*

*Everybodys Got A Lawyer*

*The Teachers Bermuda Triangle*

*The MD's Elementary School Teacher:*

*The Hypersensitive School Culture -*

*Who invented the play date?*

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