

"I Like to Move it, Move It"

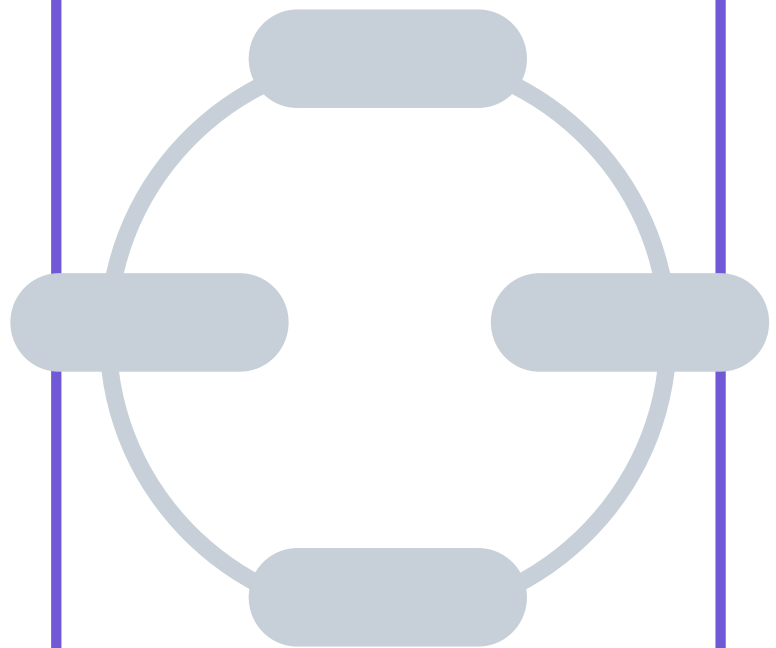
Connecting Movement to Leverage Higher Level Reasoning

Bryn Lottig, M.Ed - Kikori CoFounder

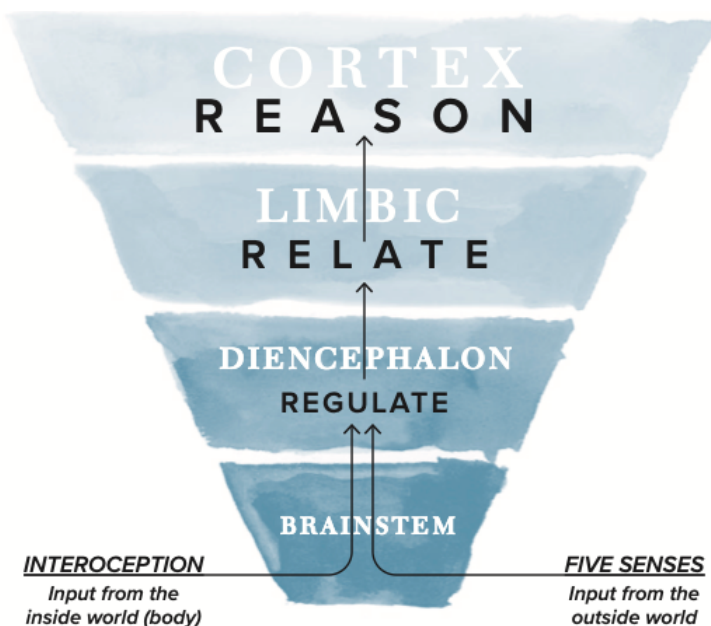
Today's PLAYlist:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.

Label the
Experiential Learning
Cycle



What are the 3 R's?



*Figure 10 - SEQUENCE OF ENGAGEMENT
Dr. Bruce Perry with Oprah Winfrey, 2021

How can you incorporate movement?

Why Does Order Matter?

Notes:

For more resources on eSEL activities, training, speaking or professional development

Bryn Lottig, Kikori CoFounder, is a sought-after expert in experiential education and an Adventure Program Coordinator at Arbor Vitae-Woodruff, an Expeditionary Learning school. She received her Master's degree in Adventure Based Experiential Education from University of Wisconsin-La Crosse. With over a decade of experience working with youth, she really refined her facilitation skills at Camp Manito-Wish YMCA for the last 12 years. She lives with her husband and two children in Northern Wisconsin.



Kikori is a community-driven platform that is revolutionizing education through experiential and social emotional learning

@kikoriapp | www.kikoriapp.com